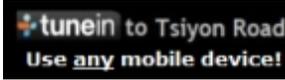


Tsiyon News

Tsiyon Messianic Radio Newsletter - Vol 9.45 - 09/28/6014 TAM - 12/21/14 AD



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The sons of Israel shall lay their hands on the Levites..

Bamidbar/Numbers 8:10

Listen FREE this Sabbath - Tsiyon Road Sabbath broadcasting begins Dec 21, 6 PM, Jerusalem time, and continues for 48 hours. The Midrash is broadcast 8 times!

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TSIYON NEWS

"How to Keep the Sabbath" Video

Have you seen our hour-long video; "*How to Keep the Sabbath*"? This is the first actual Sabbath message to be recorded at Tsiyon Tabernacle of Greater Austin. We expect to put these out at least once per month. This will lead, in a few months, to live online meetings with our Tsiyon members via internet video. Sign up as a member [here](#)! A new video will be posted soon.

Need to talk to us? - In the USA and Canada just call us toll free at (888) 230-2440 for help. Internationally, email us and we will arrange a phone or Skype call for you.

From Eliyahu

Hello friends,

I'm going to keep this short to make room for Dawn's article below. I've produced a 3 hour teaching this week, as we consider Bamidbar/Numbers 8. If you have ever wondered what laying on of hands is all about, and how it relates to the Divine Order of Israel, then you will enjoy listening to this program. I've created a chart for the program you may also find helpful.

A few words about Dawn's article below, and about Dawn writing it. Dawn is always concerned about the threats our remnant brothers and sisters are facing from the world around us. She is an excellent researcher and she keeps up on issues that impact the health and wellbeing of the brethren. The



radiation problem she is reporting below is not paranoia, as some would have you believe. Her article will give you links to solid information which I'm sure will convince you of the problem if you take the time to consider them. Even better, she includes solutions that can really help us meet and overcome this threat to our health. Consider the article, and let us know what you think.

Blessings and Shalom,

Eliyahu Ben David

PS - Download the chart for this program from [here](#).



UPDATE: Large Radiation Increase

What You Can Do About It

By: Dawn ben David - 12/21/14

In 2008, as part of the *On The Road To Tsiyon Revelation Unsealed* radio program series, Eliyahu examined what end-time events our generation might experience within our lifetimes based on Scripture, as well as pointing out various potential scenarios from the news. Since then the news reports continue to confirm Scriptural prophecies unfolding before our eyes.

Radiation Levels in the USA are "Off the Chart.."

Recently, Eliyahu and I read Ethan Huff's 12/15/14 article entitled, [Deadly Fukushima Radiation up 50,000% as Elevated Radiation Levels Seen Across North America](#), which explains radiation levels have recently been "off the charts at monitoring sites all across North America." The article goes on to state, radiation levels, "...above 100 CPM is considered by the California Highway Patrol (CHP) to be a potential hazardous materials situation requiring the deployment of hazmat protocols. At a testing site in St. Charles, Illinois, located just west of Chicago, a recent peak reading of 7,298 CPM caught the attention of some environmental activists, who chided the media for remaining silent on the issue. This reading represents a nearly 7,300 percent radiation increase beyond CHP's safety threshold."

The United States Environmental Protection Agency ([USEPA](#)) website reports it has been monitoring US air, drinking water and precipitation for more than 50 years. The agency provides this map to show the locations of its current and extensive monitoring locations, spanning from coast to coast which are collectively known as RadNet. [EnviroReporter.com](#), reports RadNet readings of "**100 CPM or more indicate significant beta radiation activity**" after describing the beta radiation and manmade. The EnviroReporter.com website provides links to current RadNet data sorted by each US state, which are updated every hour. The summary EnviroReporter.com offers shows CPM radiation levels significantly higher than 100CPM on a wide-scale basis all across RadNet's reporting network.



Here is a summary of some **recent CPM readings**:

- Montgomery AL 400
- Fairbanks AK 190
- Tuscon AZ 450
- Fresno CA 970
- Baltimore MD 210
- Grand Rapids MI 260
- Albuquerque NM 540
- Dallas TX 400

- Syracuse NY [240](#)
- Madison WI [555](#)

Worse Than Chernobyl

According to a 9/24/14 [Jonathan Benson article](#), "The cumulative amount of radiation released from Fukushima already exceeds that of the infamous 1986 Chernobyl disaster, says a new study published in the journal Nature--and the damage, of course, is still ongoing." In a 2012 International Journal of Health publication, Joseph Mangano and Janette Sherman speculate more than [14,000 Americans](#) had already died from the then lower-dose radiation levels.

"If it was THAT BAD - they would tell us on the News" - YES and NO

Consider that ALL of the major news outlets are owned by a few big money interests, many of whom are heavily invested in energy - including nuclear energy - and you will begin to understand why a lot of negative information on this topic is under-reported or even not reported at all in the popular media. By now we should all be well aware that the popular media outlets are money-driven, like almost everything else in this world. Do not depend on them to tell you the unvarnished - and unprofitable - truth. At best, expect them to put a spin on the news that supports their world view and their bottom line. In simple terms, realize that when they do report something they consider "sensitive" they usually put a spin on it to distract you from the real meaning of what that news means for you. However, when you ignore the spin and stick to the facts a much more realistic picture will soon emerge. For example, consider this news report featuring Shunichi Tanaka, Nuclear Regulation Authority Chairman in Japan. He is an excellent news source, being the top authority on the Fukushima disaster. [His recent news interview of 12/12/14 can be seen on YouTube.](#) You may be surprised to hear in that interview that radiation on a large scale is still leaking into the ocean and environment from the March 2011 nuclear disaster - and hasn't been stopped yet!



What Can You Do About it?

Now that we know the problem we are facing, and can see the increasing radiation levels/birth pangs, what can we do about it?

Prayer and walking in His will! Above all, we need to remember that YHWH cares about His people and is ready and even anxious to answer our prayers for one another. While high doses of radiation are being dumped on people, seemingly at random and unknown to them, YHWH always knows what is going on. As we pray for one another, and walk as He leads us, we can be confident that He can keep us from insidious dangers like radiation exposure, and other end-time horrors.

You are wonderfully made! YHWH designed your body to heal itself. You can work along with the amazing body YHWH has already given you simply by giving your body what it needs to be healthy. In that spirit, healthcare tips follow that can help protect from higher radiation levels.

Diet and Nutrition. Healthcare experts recommend paying closer attention to diet and nutrition in order to support the immune system and healthy functioning of the body to deal with the challenges of life in the modern age. These tips are intended for people of general health status. Those with long-term or serious illnesses, who are pregnant, or nursing should consider which methods, if any, are appropriate for their personal circumstances. If you need a good source for items mentioned below you can use our affiliate link to [Dr. Group's Global Healing Center](#), where we get a small commission on sales to help support the ministry. Also, you will find a lot more good health information there. Whether you use the link or not, the information below will help your body weather the increased radiation levels now showing up across the USA.

* **Good nutrition.** Avoiding processed foods and eating more natural foods are supportive to the immune system to expel unwanted chemicals, heavy metals, germs, etc. YHWH designed the liver to remove junk from the body. There are natural foods which help the liver function at its best. These can include garlic, grapefruit, beets, carrots, green tea, green leafy vegetables, avacodos, olive oil, and cruciferous vegetables.

* **Vitamin C.** Japanese College's [Atsuo Yanagisawa, MD, PhD](#) reported vitamin C intake helped to protect against both internal and external radiation damage. Yanagisawa also recommended other anti-oxidative nutrition such as oral intake of alpha-lipoic acid, vitamins A, C, E, and K, selenium, glutathione, melatonin, probiotics, resveratrol, etc. concluding "anti-oxidative reserve of the body is a key role for preventing radiation injury." Dr. Yanagisawa's team recommended "People who have a possible internal and/or external radiation exposure should take anti-oxidative supplements to maintain optimal anti-oxidative reserve on their own body."

Dr. Yanagisawa's recommendations follow:

Vitamin C	1-3 grams	3-4 times a day
or Liposomal Vitamin C	1-2 grams	twice a day
Alpha-lipoic acid	100-300 mg	twice a day

Selenium	50-200 ug	twice a day
Vitamin E	100-200 mg	twice a day
essential vitamins and minerals		twice a day

* **Detoxification bathing.** As outlined in this [Natural News article](#), historical and modern-day therapeutic baths using common items such as Epsom salts, baking soda, clay, apple cider vinegar, or oatmeal may prove promising to assist the body to removing a wide variety of toxic substances.

* **Limit non-essential xrays.** "Americans today receive far more medical radiation than ever before. The average lifetime dose of diagnostic radiation has increased sevenfold since 1980" according to the [2/11/10 Radiation Gone Wrong](#) report.

* **Filter water.** Water can be contaminated. Filters are available to remove chemicals from the water you drink.

* **Zeolite** is believed to support the body's natural healing from toxins, including radiation.

* **Iodine.** Do some [research before taking iodine](#) supplementation as there is a wide variety of information and disinformation about its use and safety.

* **Cilantro** (also known as the leaves of the Coriander plant, or Chinese Parsley). [Dr. Yoshiaki Omura](#) discovered [cilantro pesto](#) helps remove heavy metals from the body. Dr. Omura's pesto is made by adding 1 clove of garlic, 1/2 cup of walnuts, 1 cup packed cilantro leaves, 2 Tablespoons fresh squeezed lemon juice, and 6 Tablespoons olive oil to a blender and processing.

* **Reduce overall consumption of grains, sugar, and sweets** as they tend to [suppress the function of the immune system](#).

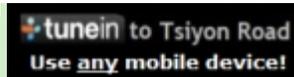
[WebMD.com](#) reports that while there are no accepted treatment methods to repair cells damaged by radiation, the FDA has approved drugs which are believed to be very effective in removing radioactive elements from the body. [Symptoms](#) of exposure may include flu-like symptoms to dizziness, disorientation, weakness, fatigue, poor wound healing, lower blood pressure, and hair loss.

* **Limit air plane travel:** 09/12/14 article entitled, [High Melanoma Risk Found in Airline Crews Exposed to High Altitude Radiation](#), summarizes JAMA Dermatology study shows daily elevation, such as that experienced by pilots and cabin crew members, increase risk of contracting deadly skin cancer due to increased radiation exposure.

* **High quality trace elements.** Iodine isn't the only trace element your body needs. Having a full complement of other basic minerals and elements available in your nutritional food supply or supplements will help support optimal immune function, as well as prevent uptake of radioactive minerals or other trace elements.

* **Spiritual preparedness.** Reading the news provides daily evidence that we are living in the final generation before Messiah's return and as such it is not a time to be found spiritually asleep. Be prepared for Messiah's return! Recently at a Tsiyon Sabbath meeting, folks were asking about the mark of the beast. During the Scripture study which followed, one of the Tsiyon teens stated he learned from the EBD Midrash Messiah is going to take care of us, his bride, by providing food, clothing, and the things we need in the days ahead. You can study HIS Word and find out more about this and other Torah-gemstones by joining the Torah Club today. Simply log in (or register and log in) at the [Tsiyon Tabernacle](#) and then click on "Programs" to find the Eliyahu ben David bet Midrash (EbDbM) link to sign up for full archive access. Give us a call if you need any help getting started or locating resources.

Need to talk to us? - In the USA and Canada just call us toll free at (888) 230-2440 for help. Internationally, email us and we will arrange a phone or Skype call for you.



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